

Lakeside Middle School Highlights of the Educational Program 2019-2020 School Year

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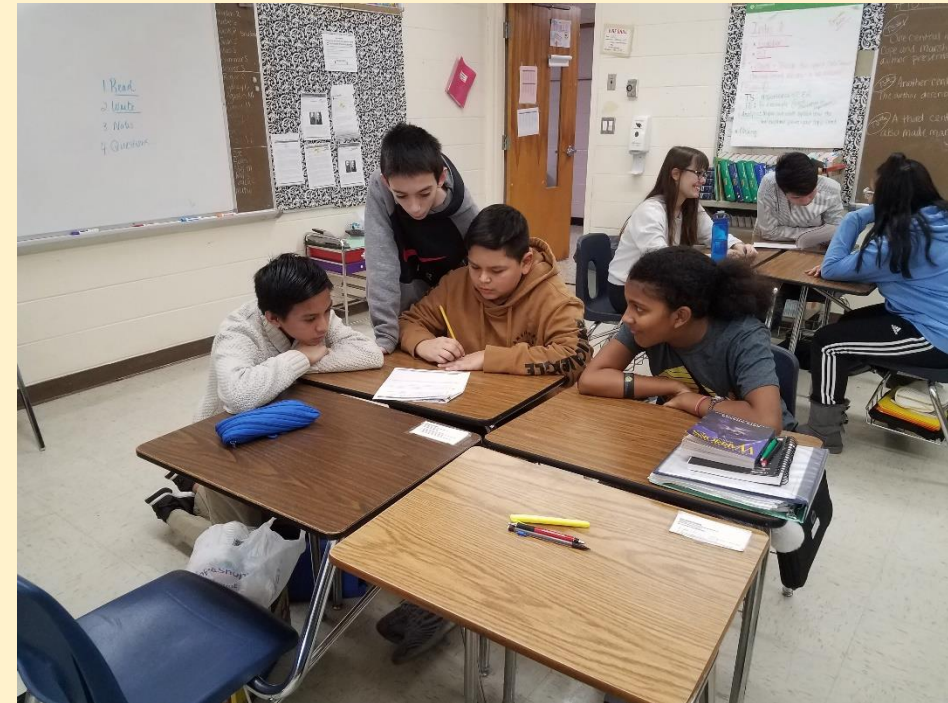
"Educational Excellence"



Objectives of the Presentation:



- 1) Discuss the media center upgrade.**
- 2) Summarize the health and wellness initiative.**
- 3) Describe the positive behavior recognition program.**





Support curriculum initiatives

Provide active and flexible seating



Provide access to technology

Create a modernized area

Build a collaborative workspace

Provide an area for large group gatherings

Update novel collection for increased circulation

Remove outdated furniture and circulation desk

Media Center Upgrade

Goal: Create a Future Ready facility that has multiple functions and is the center of the educational environment.



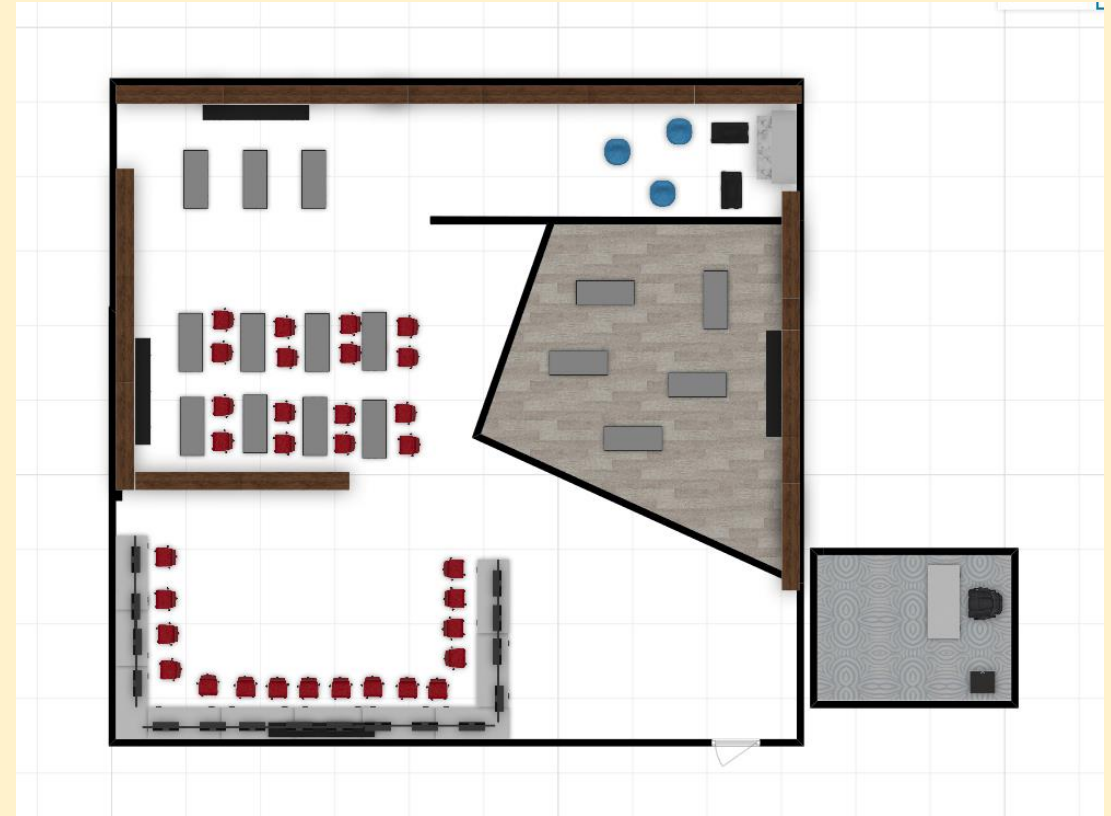
Media Center Upgrade

- Vision

A group of teachers met monthly to discuss the following:

- 1) How can the space be more attractive to students?
- 2) How can the teachers better utilize the area?
- 3) How can the space support educational programs that are occurring in the school?

After several meetings and visits to other schools a detailed blue print was created using Google Floorplanner.





Media Center Upgrade



- The following upgrades were made during the summer months:
 - 1) Updated the existing novel collection. Removed outdated reference section and added new fictional novels.
 - 2) Improved the physical appearance.
 - a. Removed old existing furniture (tables / chairs)
 - b. Installed new carpet and laminate flooring
 - c. Painted the room
 - d. Rearranged the existing bookshelves
 - e. Added furniture from 201 / 219
 - f. Added new media center sign
 - g. Added new book cases

*Cost efficiency





Media Center Upgrade

- The following upgrades were made during the summer months and early portions of the fall:
- 3) Incorporated the following technology advancement for teacher use:
 - a. 75" Smart TV
 - b. Four 65" Smart TV's
 - c. Airtame Software
 - d. 3D Printer
 - e. Virtual Reality Lab
 - f. 201 Computer Lab
 - g. [Green Screen for Video Production](#)
 - h. Makerspace





Health and Wellness Initiative



- Students across the country are experiencing high levels of stress and feel overwhelmed and anxious at school. 1 in 5 students will struggle with mental health issues.
- 46% of teachers report high levels of daily stress. Leads to burnout, workplace fatigue and depleted academic performance of students.





Health and Wellness Initiative



- To combat these types of daily stressors, Lakeside made it a priority to focus on mental health and wellness.
- The mental health and wellness SLT committee met regularly to develop a plan to provide programs to reduce stress, increases physical activity and promote healthy lifestyles.





Mental Health and Wellness



- A few examples of the programs that have been implemented and/or planned for the current school year:

- 1) During the November 5th PD day the teachers participated in a yoga relaxation session. Teachers were encouraged to complete a fitness circuit training activity. Additionally, the teachers were encouraged to take a relaxing walk around the lake.
- 2) An after-school club called Mind Over Matter was developed for students. The club focuses on helping students learn to acknowledge their feelings and practice strategies to manage stress, anxiety and frustration.
- 3) On February 10th, the school will participate in a professional development training provided by Roots and Wings. This training will provide teachers and faculty with mindfulness strategies to use in the classroom to assist students with their mental health.





Mental Health and Wellness



4) The mental health and wellness SLT committee will participate in the mental health first aid training for youth being held on March 16th and 23rd at the board of education office.

5) The SLT committee is planning a health and wellness afternoon scheduled for May 15th. Staff will be provided a healthy lunch before participating in the following: exercise, painting, chair massages, making smoothies, journaling, stress management, yoga and having a healthy snack discussion with the dietitian from Oakland Shoprite.





Mental Health and Wellness



- 6) The school guidance counselors, Mrs. Shea and Mrs. Russo are focusing on mental health.
- a. They have included mental health tips and prevention strategies in their monthly newsletter to parents.
 - b. Prior to the administration of the New Jersey Student learning Assessment (NJSLA), the counselors plan to teach lessons to all grade levels that focus on managing stress connected to state assessments.
 - c. During school violence prevention week, the counselors had homeroom teachers show a video on mindfulness and administer a survey. Data from the survey is being used to establish future programs.



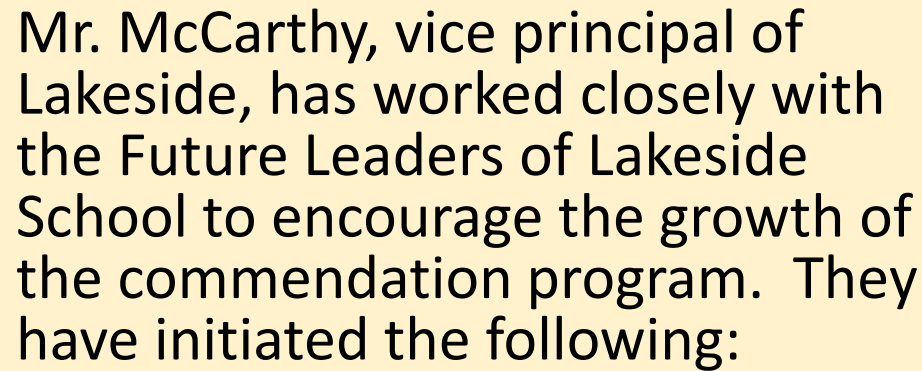


Positive Behavior Recognition Program



- Lakeside School is proud of the climate and culture that exists within the building.
- A big part of the success of the school is the outstanding behavior that is consistently displayed by the student body.





- 1) The teachers receive blank “shout out” forms in their mailbox on a weekly basis.
- 2) The teachers are encouraged to submit the forms when they observe students acting as great citizens of the school.

Kindness is the language
which the deaf can hear and
the blind can see.

- Mark Twain



Positive Behavior Recognition Program



- 3) The students are called individually to the office and the “shout out” form is read to them by Mr. McCarthy or Mr. Herninko.
- 4) The student receives a copy of the certificate.
- 5) Mr. McCarthy takes the time to call the parents of every child who receives a “shout out” certificate.





Positive Behavior Recognition Program



- 6) Members of the Future Leaders record the names of the students in a spreadsheet and place a star on their locker.
- 7) Teachers who write the shout out also receive a star on their door.







Positive Behavior Recognition Program





- While walking the halls, it is easy to see the stars that serve as reminder of all the positive behaviors that have occurred in the school.
- Lakeside is honored to have more students called to the office for positive reasons as opposed to negative.
- Lakeside School is averaging 45 commendations per month. The goal for the school year is to ensure that every child in the building is recognized for doing something positive for the school.

 **Shout Out!**  Teacher Name Brindisi

This shoutout is for: Carlos Batz

Reason:

In health class we were working on a group
project & Carlos spent classes not only taking a
leadership role in his group but was extremely patient
and helpful with a fellow student each day. His caring
attitude gave him the confidence to stand up in front of
the class and present one of their
group's slides. Thanks Carlos!

Questions?

