Wellness Policy Assessment Tool

Form 357 Rev 9/15

This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/C	istrict l	Name Pompton Lakes Reviewer Nancy Clavas lia				
Schoo	l Name	· · · · · · · · · · · · · · · · · · ·				
Select	all grad	tes: PK K 1 2 3 4 5 6 7 8 9 10 11 12 12				
Yes	No	I. Public Involvement				
0	0	o instance of the following to participate with the desire of the instance of				
		Administrators School Food Service Staff P.E. Teachers Parents				
.00000000000000000000000000000000000000	CEC. 1712	School Board Members School Health Professionals Students Public				
•	O We have a designee in charge of compliance.					
100 (10 LT) 100 (12 LT)	65 15 15 15 15 15 15 15 15 15 15 15 15 15	Name/Title: Nancy Ciavaglia, Business Administrator/Board Secretary				
0	0	We make our policy available to the public.				
		Please describe: Our Wellness Policy is available on the school website				
0	, 					
		We measure the implementation of our policy goals and communicate results to the public.				
		Please describe: Upon review				
•	0	Our district reviews the wellness policy at least annually.				
Yes	No	II. Nutrition Education				
•	0	Our district's written wellness policy includes measurable goals for nutrition education.				
-0	Ō	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).				
0	0	We offer nutrition education to students in:				
Yes	No	III. Nutrition Promotion				
0	0	Our district's written wellness policy includes measurable goals for nutrition promotion.				
0	0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.				
①	0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.				
0	0	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).				
•	0	We ensure students have access to hand-washing facilities prior to meals.				
0	0	We annually evaluate how to market and promote our school meal program(s).				
0	0	We regularly share school meal nutrition, calorie, and sodium content information with students and families.				
• •	· O-	We offer taste testing or menu planning opportunities to our students.				
•	0	We participate in Farm to School activities and/or have a school garden.				
•	0	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).				
•	0	We price nutritious foods and beverages lower than less nutritious foods and beverages.				
•	Ŏ	We offer fruits or non-fried vegetables in:				
0	0	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.				
· (O	Q	We provide teachers with samples of alternative reward options other than food or beverages.				
0	\odot	We prohibit the use of food and beverages as a reward.				

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)					
•	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.					
Ŏ	Ō	We operate the School Breakfast program: Before School In the Classroom Grab & Go					
Ō	Ō	We follow all nutrition regulations for the National School Lunch Program (NSLP).					
Ō	0	We operate an Afterschool Snack Program.					
Õ	<u>O</u>	We operate an Arterschool Snack Program. We operate the Fresh Fruit and Vegetable Program.					
Ŏ	Ŏ	We have a Certified Food Handler as our Food Service Manager.					
0	Õ	We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:					
		as à La Carte Offerings in School Stores in Vending Machines as Fundraisers					
Yes	No	V. Physical Activity					
0	0	Our district's written wellness policy includes measurable goals for physical activity.					
ŏ	Ŏ	We provide physical education for elementary students on a weekly basis.					
0	O	We provide physical education for middle school during a term or semester.					
o.	Ŏ	We require physical education classes for graduation (high schools only).					
0	0						
0	Ŏ	We provide recess for elementary students on a daily basis.					
0		We provide opportunities for physical activity integrated throughout the day.					
::::::::::::::::::::::::::::::::::::::	garatai Naling	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.					
0	0	Teachers are allowed to offer physical activity as a reward for students.					
Yes	No.	We offer before or after school physical activity:					
0	0	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.					
0	Ö	We provide training to staff on the importance of modeling healthy behaviors,					
0	0	We provide annual training to all staff on: ✓ Nutrition ✓ Physical Activity					
0	0	We have a staff wellness program.					
①	<u> </u>	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .					
0	\mathcal{O}	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.					
•	\bigcirc	We have a recycling /environmental stewardship program.					
· (O	Q.	We have a recognition /reward program for students who exhibit healthy behaviors,					
•	\circ	We have community partnerships which support programs, projects, events, or activities.					
VII. P	'rogr	ess Report: Indicate any additional wellness practices and/or future goals and describe progress made in					
100000000000000000000000000000000000000		attaining the goals of the local wellness policy					
	2 (1222 - 122) 12						
VIII. Contact Information:							
or more	e inforr	nation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.					
Name	No	ancy Ciavas (ia Position/Title Bus Admin / Bd Secty					
Email	na						
USDA is an equal opportunity provider and employer							

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LEA/D	istrict l	Name Pompton Lakes Reviewer Nancy Clavas (12				
School	Name	Lakeside School Date May 23, 2016				
Select a	all grad	les: PK K 1 2 3 4 5 6 7 7 8 9 10 11 12				
[54.50s.57**00000						
Yes	No.	I. Public Involvement We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:				
. •	0	Administrators School Food Service Staff P.E. Teachers Parents				
		✓ School Board Members ✓ School Health Professionals ✓ Students ✓ Public				
•	0	We have a designee in charge of compliance.				
		Name/Title: Nancy Ciavaglia, Business Administrator/Board Secretary				
0	\cap					
9	We make our policy available to the public.					
	Please describe: Our Wellness Policy is available on the school website					
0	O	We measure the implementation of our policy goals and communicate results to the public.				
		Please describe: Upon review				
0	0	Our district reviews the wellness policy at least annually.				
Yes	No	II. Nutrition Education				
0	0	Our district's written wellness policy includes measurable goals for nutrition education.				
•	0	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).				
O	0	We offer nutrition education to students in:				
Yes	No	III. Nutrition Promotion				
0	0	Our district's written wellness policy includes measurable goals for nutrition promotion.				
0	0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.				
0	0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.				
0	0	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).				
•	0	We ensure students have access to hand-washing facilities prior to meals.				
0) We annually evaluate how to market and promote our school meal program(s).					
0	Q	We regularly share school meal nutrition, calorie, and sodium content information with students and families.				
0	Q	We offer taste testing or menu planning opportunities to our students:				
0	0	We participate in Farm to School activities and/or have a school garden.				
0	\mathcal{O}	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).				
0	0	We price nutritious foods and beverages lower than less nutritious foods and beverages. We offer truits or non-fried wegetables in: Vending Machines School Stores Snack Bars / à La Carte				
- 0	O	We directiful to the first the vegetables in.				
100004024	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.					
(O	(A)	We provide teachers with samples of alternative reward options other than food or beverages. We prohibit the use of food and beverages as a reward.				
V. 1	· 1	THE PROPERTY AND ADD OF TOOK AND DEVELOPED AS A TOWARD.				

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)						
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0	0							
0	0	We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:						
		∡ as à La Carte Offerings in School Stores in Vending Machines as Fundraisers						
Yes	No	V. Physical Activity						
•	0	Our district's written wellness policy includes measurable goals for physical activity.						
0	0	We provide physical education for elementary students on a weekly basis.						
•	0	We provide physical education for middle school during a term or semester.						
•	0	We require physical education classes for graduation (high schools only).						
•	0	We provide recess for elementary students on a daily basis.						
0	0	We provide opportunities for physical activity integrated throughout the day.						
0	0	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.						
0	0	Teachers are allowed to offer physical activity as a reward for students.						
•	0	We offer before or after school physical activity: 🗸 Competitive sports 🗸 Non-competitive sports 🗸 Other clubs						
Yes	No	VI. Other School Based Wellness Activities						
•	0	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.						
0	0	We provide training to staff on the importance of modeling healthy behaviors.						
•	0	We provide annual training to all staff on: Vutrition Physical Activity						
0	0	We have a staff wellness program.						
0	0	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .						
•	0	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.						
•	0	We have a recycling /environmental stewardship program.						
0	0	We have a recognition /reward program for students who exhibit healthy behaviors.						
\odot	0	We have community partnerships which support programs, projects, events, or activities.						
VII. P	rogr	ess Report: Indicate any additional wellness practices and/or future goals and describe progress made in						
		attaining the goals of the local wellness policy						
	17574774177	act Information:						
ror more	e intori	mation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.						
Name	\mathcal{N}	ancy Clavaglia Position/Title Bus Admin /Bd Sacty						
Email								
Email	10							
		USDA is an equal opportunity provider and employer						

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LEA/D	strict N	Name Pompton Lakes Reviewer Nancy Clavaslia					
School	Name	Lenox & Lincoln Date May 23, 2016					
Select a	ıll grad	les: PK K K 1 2 X 3 X 4 X 5 X 6 7 8 9 10 11 12					
Yes	No	I. Public Involvement					
0	We encourage the following to participate in the development, implementation, and evaluation of our wellness poli						
		Administrators School Food Service Staff P.E. Teachers Parents					
		School Board Members School Health Professionals Students Public					
-0	U	O We have a designee in charge of compliance.					
		Name/Title: Nancy Ciavaglia, Business Administrator/Board Secretary					
0	0	We make our policy available to the public.					
		Please describe: Our Wellness Policy is available on the school website					
0	O	We measure the implementation of our policy goals and communicate results to the public.					
0	0	Please describe: Upon review					
Yes	No	II. Nutrition Education					
0	0	Our district's written wellness policy includes measurable goals for nutrition education.					
0	0	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).					
0	0	We offer nutrition education to students in:					
Yes	No	III. Nutrition Promotion					
0	0	Our district's written wellness policy includes measurable goals for nutrition promotion.					
-0	0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.					
0	0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.					
0	0	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).					
0	0	We ensure students have access to hand-washing facilities prior to meals.					
0	0	We annually evaluate how to market and promote our school meal program(s).					
0	Ó	We regularly share school meal nutrition, calorie, and sodium content information with students and families.					
0	Q.	We offer taste testing or menu planning opportunities to our students.					
0	0	We participate in Farm to School activities and/or have a school garden.					
0	\mathcal{O}	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).					
0	0	We price nutritious foods and beverages lower than less nutritious foods and beverages. We offer truits or non-fried vegetables in: Vending Machines School Stores Shack Bars Vala Carte					
0	\mathcal{O}	We offer it fulls of flott-fried -vegetables (it)					
0							
• O	0	We provide teachers with samples of alternative reward options other than food or beverages. We prohibit the use of food and beverages as a reward					

Yes No IV. Nutrition Guidelines (Cont. from page 1)						
 Our district's written wellness policy addresses nutrition standards for 	or USDA reimbursable	meals.				
● We operate the School Breakfast program: ✓ Before School	In the Classroom	Grab & Go				
We follow all nutrition regulations for the National School Lunch Pro	gram (NSLP).					
We operate an Afterschool Snack Program.						
We operate the Fresh Fruit and Vegetable Program.						
We have a Certified Food Handler as our Food Service Manager.						
We have adopted and implemented Smart Snacks nutrition standard	s for ALL items sold o	uring school hours, including:				
✓ as à La Carte Offerings in School Stores in Vending	Machines as	Fundraisers				
Yes No V. Physical Activity						
Our district's written wellness policy includes measurable goals for pi	hysical activity.					
We provide physical education for elementary students on a weekly	<u> </u>					
We provide physical education for middle school during a term or se		- El fill (1905) de l'est de l				
We require physical education classes for graduation (high schools or						
We provide recess for elementary students on a daily basis.						
We provide opportunities for physical activity integrated throughout	the day.					
We prohibit staff and teachers from keeping kids in from recess for p						
Teachers are allowed to offer physical activity as a reward for student						
	ports Non-com	petitive sports 🗸 Other clubs				
Yes No VI. Other School Based Wellness Activities						
Our district's written wellness policy includes measurable goals for of	ther school-based act	ivities that promote wellness.				
We provide training to staff on the importance of modeling healthy be						
	Physical Activity					
We have a staff wellness program:						
We have school district staff who are CPR certified (e.g. teachers, coact	hes counselors food	service staff)				
We actively promote walk or bike to school for students with Safe Roll						
We have a recycling /environmental stewardship program.		virciaca programa.				
We have a recognition /reward program for students who exhibit hea	Ithy behaviors					
We have community partnerships which support programs, projects,						
	TIVOVIENIEMI LERGENESSE	Jacobski sa				
VII. Progress Report: Indicate any additional wellness practices and/or future attaining the goals of the local wellness policy	re goals and describe	progress made in				
The state of the s						
VIII. Contact Information:						
For more information about this school's wellness policy/practices, or ways to get invo	olved, contact the We	llness Committee Coordinator.				
Name Nancy Ciavastia	Position/Title (Bus Admin / Bd Secty				
Email nancy. ciavaglia Dobs.org	Phone 9	73 835-1553 xal				
USDA is an equal opportunity provider and	<u>. </u>					
USDA is an equal opportunity provider and employer						